



# ASHRAE HIKE

**BUKIT KETUMBAR, CHERAS**

**18 JUNE 2023**

**8.30 AM**

Just Scan the QR code below and lets meet there



Open to All members and Non Members

# RECOMMENDED EQUIPMENT TO BRING

- 1. HIKING BOOTS OR STURDY WALKING SHOES WITH RELIABLE TRACTION
- 2. HAT, SUNGLASSES, MOSQUITO REPELLANT AND SUNSCREEN (OPTIONAL)
- 3. BACKPACK WITH SNACKS, WATER, AND OTHER ESSENTIALS
- 4. TREKKING POLES (OPTIONAL)
- 5. FIRST AID KIT